

From self-knowledge to knowing others:
Towards the Development of Transdiagnostic Dimensional
Approaches and Process-Oriented Evidence-Based Practices to
Evaluate and Enhance Self-Other Functioning

Location: Université catholique de Louvain (UCLouvain) -
 "Auditoires centraux" building - auditorium Maisin

Address: Avenue Emmanuel Mounier, 51 - 1200 Bruxelles

Website: <https://www.self-knowing-others.org>

Monday, December 1 st 2025			
Time	Event	Topic	Duration
9:30		Registration & coffee	30 min
10:00		Introduction to the workshop by Henryk Bukowski	10 min
10:00-12:00	Talk	Chris Conway: "Socio-cognitive abilities in the Hierarchical Taxonomy of Psychopathology"	50 min
	Talk	Annabel Bogaerts: "Unstable selves and empty cores: Understanding and assessing identity disturbance and feelings of inner emptiness as transdiagnostic constructs"	50 min
12:00-13:00		Lunch break	1h
13:00-15:00	Blitz	Short talks:	8+2 min per talk
		<ul style="list-style-type: none"> - "State of Social Cognition Research: Challenges, Future Directions, and Efforts Toward Consensus Building" by E. Pronizius - "Functional network reorganization underlies context-changes in naturalistic social cognition" by L. Maliske - "Practising Gratitude Journaling: When Focussing on Others Is Linked with Weaker Implicit Sense of Agency" by A. Le - "Interoceptive-Based Interventions for Eating Disorders" by S. Diana - "True correlations in psychopathology: Leveraging self- and informant-reports to advance dimensional assessment of mental health problems" by S. Henry - "Discrepant views of apathy in patients and caregivers: The role of cognitive deficits in Parkinson's disease" by G. Funghi - "Individual Differences in Prior-Sensory Integration during Social Inference" by E. Kurnaz 	
15:00-15:30		Coffee & tea break	30 min
15:30-17:00	Talk	15:30: Aikaterini (Katerina) Fotopoulou: <i>Updating body beliefs and taking bodily decisions in eating disorders: From Computational Neuropsychology to the Clinic</i>	50 min
	Talk	Discussion with all speakers	45 min
17:00-18:45	Discussion	<p>World café (discussions on selected issues with examples below)</p> <ol style="list-style-type: none"> 1. What "transdiagnostic" implies for clinical and research work? 2. Which are the key elements of self-other functioning to assess and treat/intervene onto? 3. Should we focus clinically on self-understanding first or on understanding others? <p style="text-align: center;">+ drinks + light snacks</p>	1h30

Tuesday, December 2 nd 2025			
Time	Event	Topic	Duration
8:30-9:00		Coffee & tea & viennoiserie	30 min
9:00-11:00	Talk	Antonia Hamilton: "Synchrony of brain and behaviour builds social connections and learning"	50 min
	Talk	Elodie Peyroux: "Social cognitive training: from theory to application – Insights from the RC2S program"	50 min
11:00-13:00		Poster session and lunch break	2h00
13:00-15:00	Talk	Short talks:	8+2 min per talk
		<ul style="list-style-type: none"> - "Interpersonal Adjustment as an Account for Communication Challenges between Individuals with Low and High Autistic Traits" by R. Liu - "Mapping Social Brain Networks During Naturalistic Movie Viewing with Intracranial EEG" by S. Aykan - "Differential effects of cerebellar neuromodulation on mentalizing across the Autism Spectrum" by B. Catoira - "Coupling Minds: Technical and Conceptual Foundations for Hyperfeedback" by K. Kistorz 	
	Talk	Geoff Bird: "Rethinking Theory of Mind and Its Clinical Relevance"	50 min
15:00-15:30		Coffee break	30 min
15:30-17:30	Talk	Alix Bigot & Henryk Bukowski: "Self-other distinction across clinical populations"	50 min
	Discussion	Discussion with all speakers	45 min
	Talk	Conclusions and best poster awards by Henryk Bukowski	15 min
18h15-...	Social	Optional dinner and drinks in Brussels center at Wolf (not covered)	...