

**From self-knowledge to knowing others:  
Towards the Development of Transdiagnostic Dimensional  
Approaches and Process-Oriented Evidence-Based Practices  
to Evaluate and Enhance Self-Other Functioning**

Location: Université catholique de Louvain (UCLouvain) -  
"Auditoires centraux" building - auditorium Maisin

Address: Avenue Emmanuel Mounier, 51 - 1200 Bruxelles

Website: <https://www.self-knowing-others.org>

Monday, December 1 <sup>st</sup> 2025			
Time	Event	Topic	Duration
9:30		Registration & coffee	30 min
10:00		Introduction to the workshop by Henryk Bukowski	10 min
10:00-12:00	Talk	<b>Chris Conway:</b> "Socio-cognitive abilities in the Hierarchical Taxonomy of Psychopathology"	50 min
	Talk	<b>Annabel Bogaerts:</b> "Unstable selves and empty cores: Understanding and assessing identity disturbance and feelings of inner emptiness as transdiagnostic constructs"	50 min
12:00-13:00		<b>Lunch break</b>	1h
13:00-15:00	Blitz	<b>Short talks:</b>	8+2 min per talk
		<ul style="list-style-type: none"> <li>- "State of Social Cognition Research: Challenges, Future Directions, and Efforts Toward Consensus Building" by E. Pronizius</li> <li>- "Functional network reorganization underlies context-changes in naturalistic social cognition" by Lara Matiske</li> <li>- "Interoceptive-Based Interventions for Eating Disorders" by Salvatore Diana</li> <li>- "True correlations in psychopathology: Leveraging self- and informant-reports to advance dimensional assessment of mental health problems" by Sam Henry</li> <li>- "Discrepant views of apathy in patients and caregivers: The role of cognitive deficits in Parkinson's disease" by Giulia Funghi</li> <li>- "Individual Differences in Prior-Sensory Integration during Social Inference" by Ece Kurnaz</li> </ul>	
15:00-15:30		<b>Coffee &amp; tea break</b>	30 min
15:30-17:00	Talk	15:30: <b>Aikaterini (Katerina) Fotopoulou:</b> Updating body beliefs and taking bodily decisions in eating disorders: From Computational Neuropsychology to the Clinic	50 min
	Talk	<b>Discussion with all speakers</b>	45 min
17:00-18:45	Discussion	<p><b>World café</b> (discussions on selected issues with examples below)</p> <ol style="list-style-type: none"> <li>1. What "transdiagnostic" implies for clinical and research work?</li> <li>2. Which are the key elements of self-other functioning to assess and treat/intervene onto?</li> <li>3. Should we focus clinically on self-understanding first or on understanding others?</li> </ol> <p><b>+ drinks + light snacks</b></p>	1h30

Tuesday, December 2 <sup>nd</sup> 2025			
Time	Event	Topic	Duration
8:30-9:00		<b>Coffee &amp; tea &amp; viennoiserie</b>	30 min
9:00-11:00	Talk	<b>Antonia Hamilton:</b> "Synchrony of brain and behaviour builds social connections and learning"	50 min
	Talk	<b>Elodie Peyroux:</b> "Social cognitive training: from theory to application – Insights from the RC2S program"	50 min
11:00-13:00		<b>Poster session and lunch break</b>	2h00
13:00-15:00	Talk	<b>Short talks:</b>	8+2 min per talk
		<ul style="list-style-type: none"> <li>- "Interpersonal Adjustment as an Account for Communication Challenges between Individuals with Low and High Autistic Traits" by Rui Liu</li> <li>- "Differential effects of cerebellar neuromodulation on mentalizing across the Autism Spectrum" by Beatriz Catoira</li> <li>- "Practising Gratitude Journaling: When Focussing on Others Is Linked with Weaker Implicit Sense of Agency" by Anh Le</li> <li>- "Coupling Minds: Technical and Conceptual Foundations for Hyperfeedback" by Kathrin Kistorz</li> </ul>	
	Talk	<b>Geoff Bird:</b> "Rethinking Theory of Mind and Its Clinical Relevance"	50 min
15:00-15:30		<b>Coffee break</b>	30 min
15:30-17:30	Talk	<b>Alix Bigot &amp; Henryk Bukowski:</b> "Self-other distinction across clinical populations"	50 min
	Discussion	<b>Discussion with all speakers</b>	45 min
	Talk	Conclusions and best poster awards by Henryk Bukowski	15 min
18h15-...	Social	Optional <b>dinner and drinks in Brussels center at Wolf</b> (not covered)	...